

FOR IMMEDIATE RELEASE: Wednesday, July 19, 2006

PARKLAND INCOME FUND DECLARES DISTRIBUTION PAYMENT

Red Deer, Alberta, July 19, 2006: Parkland Income Fund (TSX: PKL.UN) is pleased to announce that a distribution of eighteen cents (\$0.18) per trust unit will be payable on August 15, 2006 to unitholders of record on July 31, 2006.

Parkland Income Fund operates retail and wholesale fuels and convenience store businesses under its marketing brands Fas Gas, Race Trac Fuels and Short Stop Food Stores and transports fuel through its Petrohaul division. Parkland has developed a strong market niche in western and northern Canada by focusing on non-urban markets.

- 30 -

For further information, contact:

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